

MLTSS
LEADERSHIP
SUMMIT

Retrofitting Managed Care to Customizing Supports & Improving Outcomes for IDD and Other Complex Health Populations



Matt Golden

Co-Founder and CEO,
MapHabit



Teja Stokes

Deputy Executive Director,
National Association of State
Directors of Developmental
Disabilities Services



Sarah Chestnut

National Director, Business
Development Strategies,
Benchmark Human Services

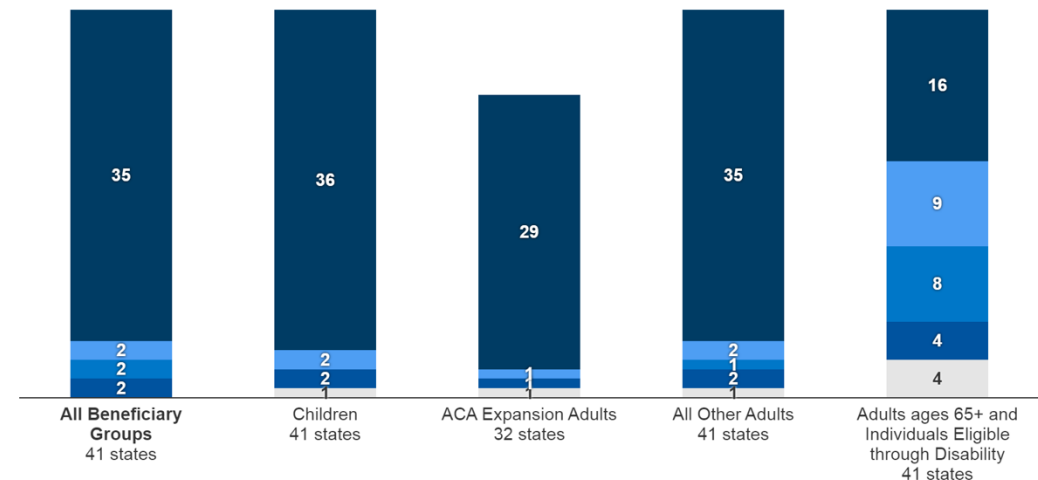
MCO Market Penetration resulting in Expanded Influence over Populations with Complex Medical Needs & Disabilities

- **Children and adults are more likely to be enrolled in MCOs than adults ages 65+ and people eligible through disability; however, states are increasingly including beneficiaries with complex needs in MCOs.**
- **Additionally, many beneficiaries with complex needs are “hidden” in terms of the overall general population receiving their health care via a Medicaid managed care plan – and often ignored.**
 - **Examples: Behavioral Health Challenges, I/DD, Brain Injury, and in some cases, ABD population**

Figure 3

MCO Managed Care Penetration Rates Have Grown Across Medicaid Eligibility Groups.

■ Excluded ■ <25% ■ 25-49% ■ 50-74% ■ ≥75%



NOTE: Limited to 41 states with MCOs in place on July 1, 2022. Of the 39 states that had implemented the ACA Medicaid expansion as of July 1, 2022, 32 had MCOs in operation. 2021 survey data used for states that did not respond to the 2022 survey (AR and GA) and for states that did not provide complete data for this question (NC and VA).

SOURCE: Annual KFF survey of state Medicaid officials conducted by Health Management Associates, October 2022 • PNG

KFF

Trends in LTSS Expenditures among IDD populations

Today, approximately 87% of LTSS participants receive some level of HCBS, which account for 64.6% of all Medicaid LTSS expenditures.

This trend has been realized most significantly across LTSS participants with autism spectrum disorder, intellectual disabilities, and developmental disabilities,

95% receive some level of HCBS

87% of all LTSS expenditures on this population are focused on HCBS.

Trends in the Experiences of People with IDD Receiving Medicaid National Survey on Health and Disability (NSHD), 2021-2024

Over 90 percent of all respondents with I/DD (90.5 percent) reported being worried about losing their housing within the next six months. And over 1/3 are living with an aging caregiver (65+).

More than half of all respondents (66.0 percent) reported that not having access to personal assistance services (PAS) impacted their ability to work for pay or participate in activities outside their homes.

Among adults with Medicaid who received paid HCBS, the majority (72.2 percent) self-directed their HCBS.

Trends in IDD Population in the U.S.

The estimated prevalence of I/DD is higher among children than among adults in the U.S., (about 4% of U.S. children and 2% of U.S. adults have an I/DD).

Children account for 8 in 10 nonelderly Medicaid enrollees with intellectual or developmental disabilities.

Among nonelderly Medicaid enrollees with I/DD, most children qualify on the basis of low incomes, while most adults qualify based on disability.

About 729,000 nonelderly people with I/DD use Medicaid long-term care, nearly all (700,000) of whom use home care.

Nearly three-quarters of the total Medicaid home care waiver waiting list population have I/DD, or about 521,000 people.

Medicaid enrollees with I/DD incur higher Medicaid costs and have higher rates of chronic conditions than those without I/DD.



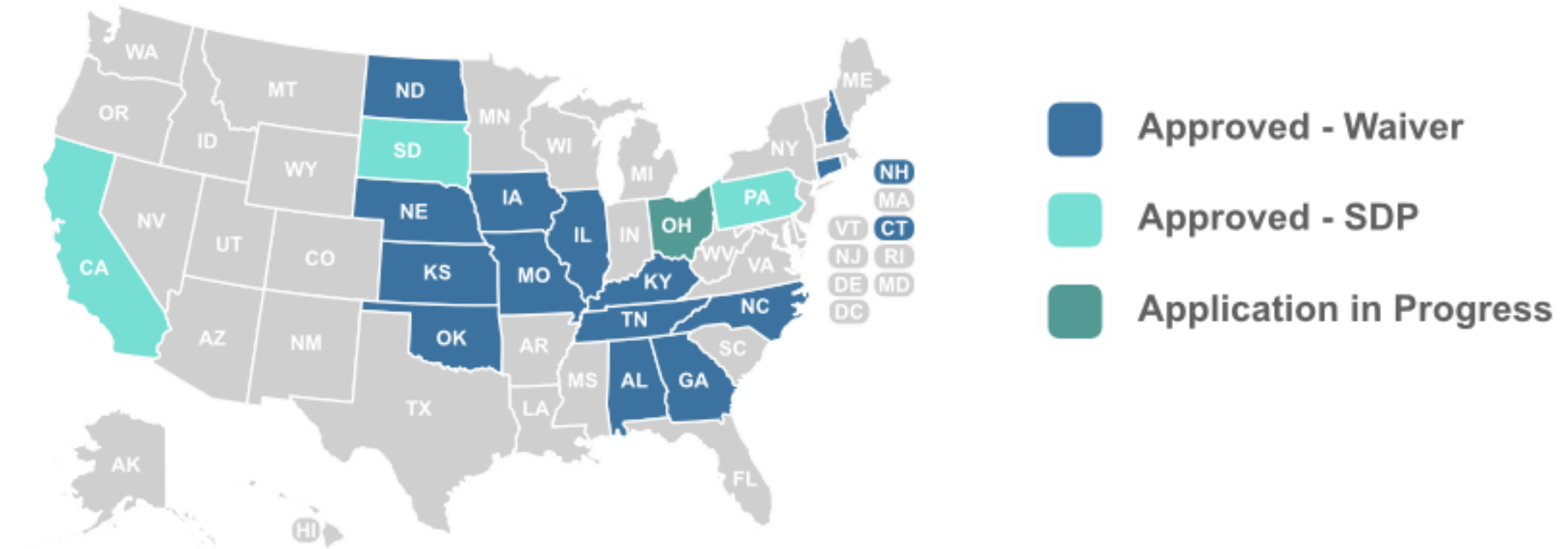
PAUSE

Go to Next Slide when Moderator Poses Question to Matt Golden (Map Habit)

IDD Enabling Tech Best Practices



1. Become a 1915(c) provider

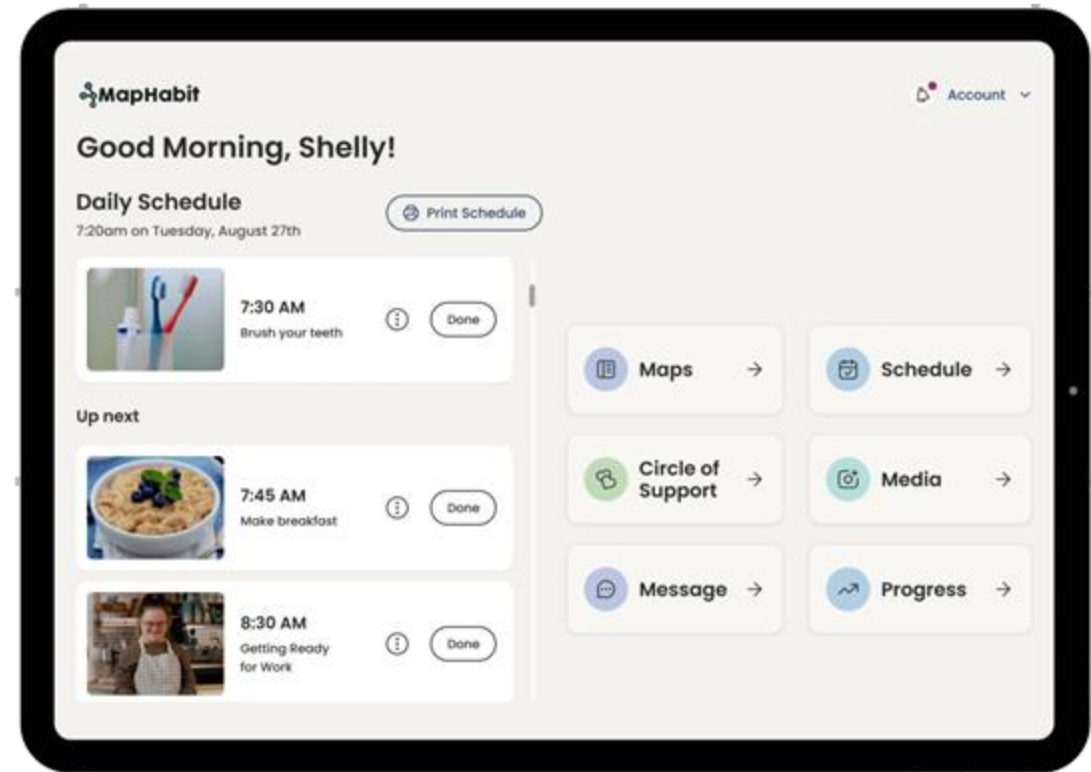


2. Simplify Messaging

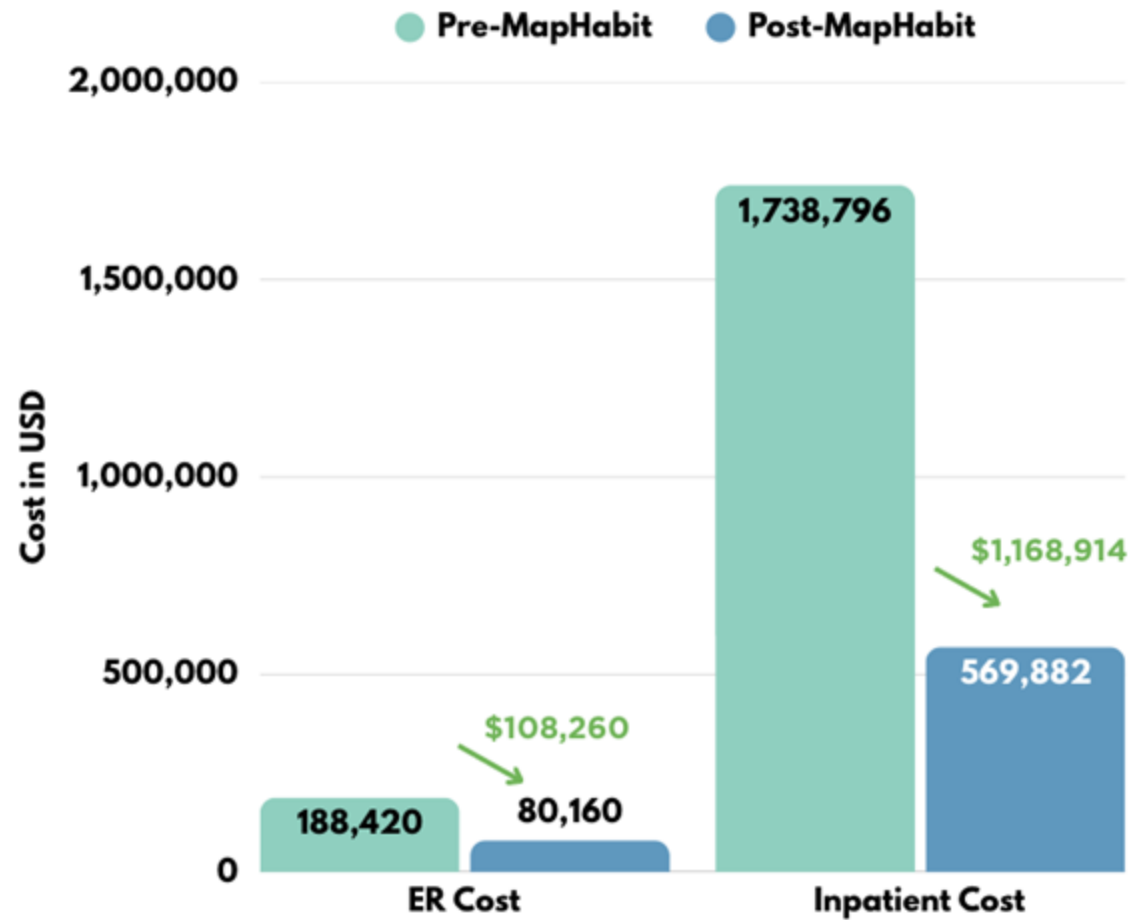
Create personalized maps
for individuals

Follow step-by-step
instructions

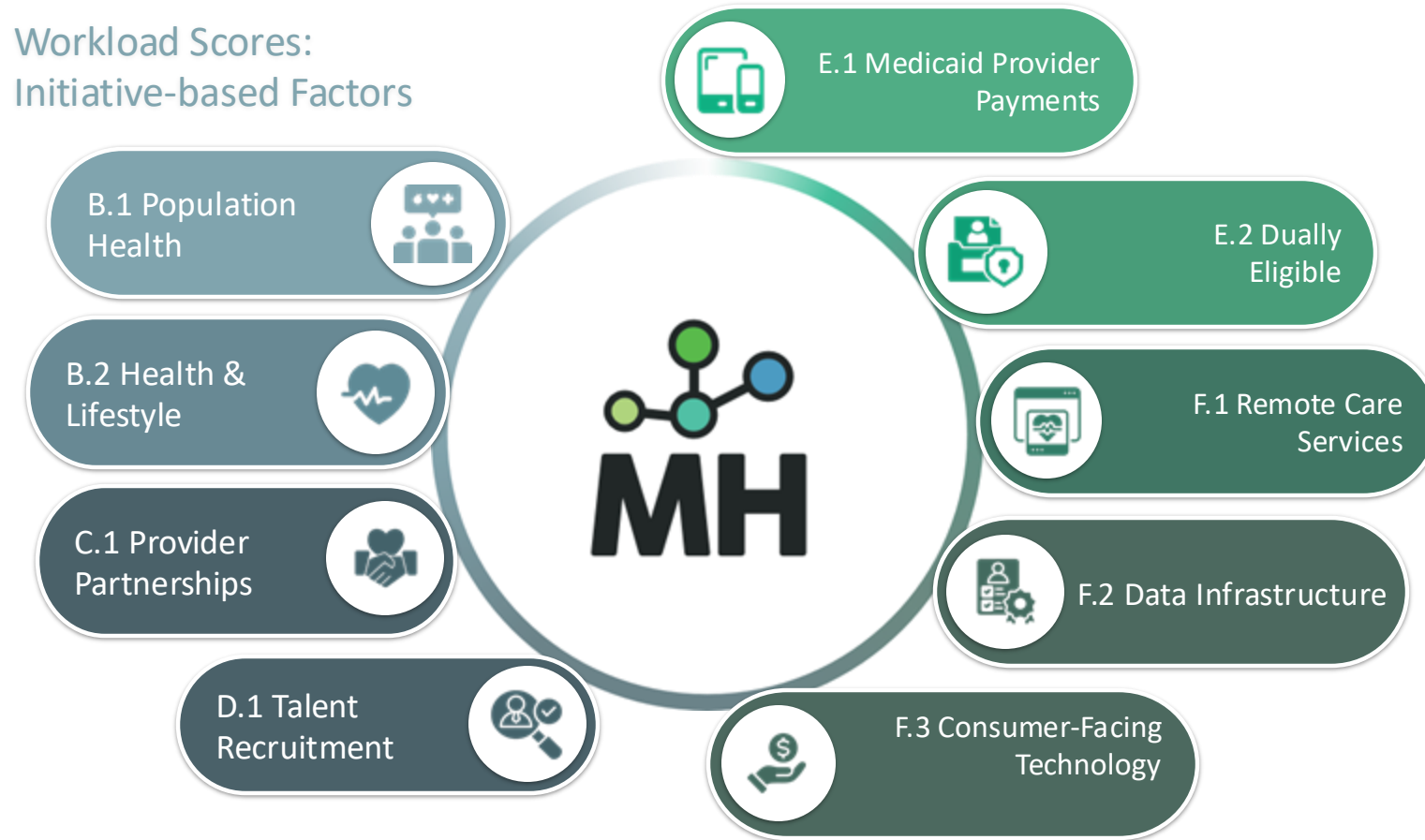
Repeat, learn, and meet
your goals



3. Lead with Data



4. Map Value to Partner's Incentives





PAUSE

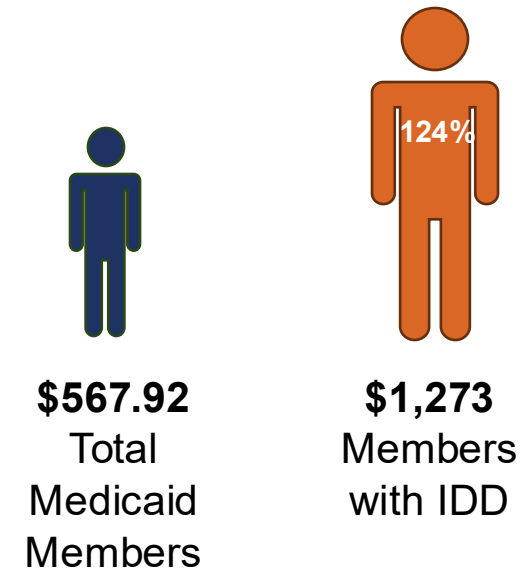
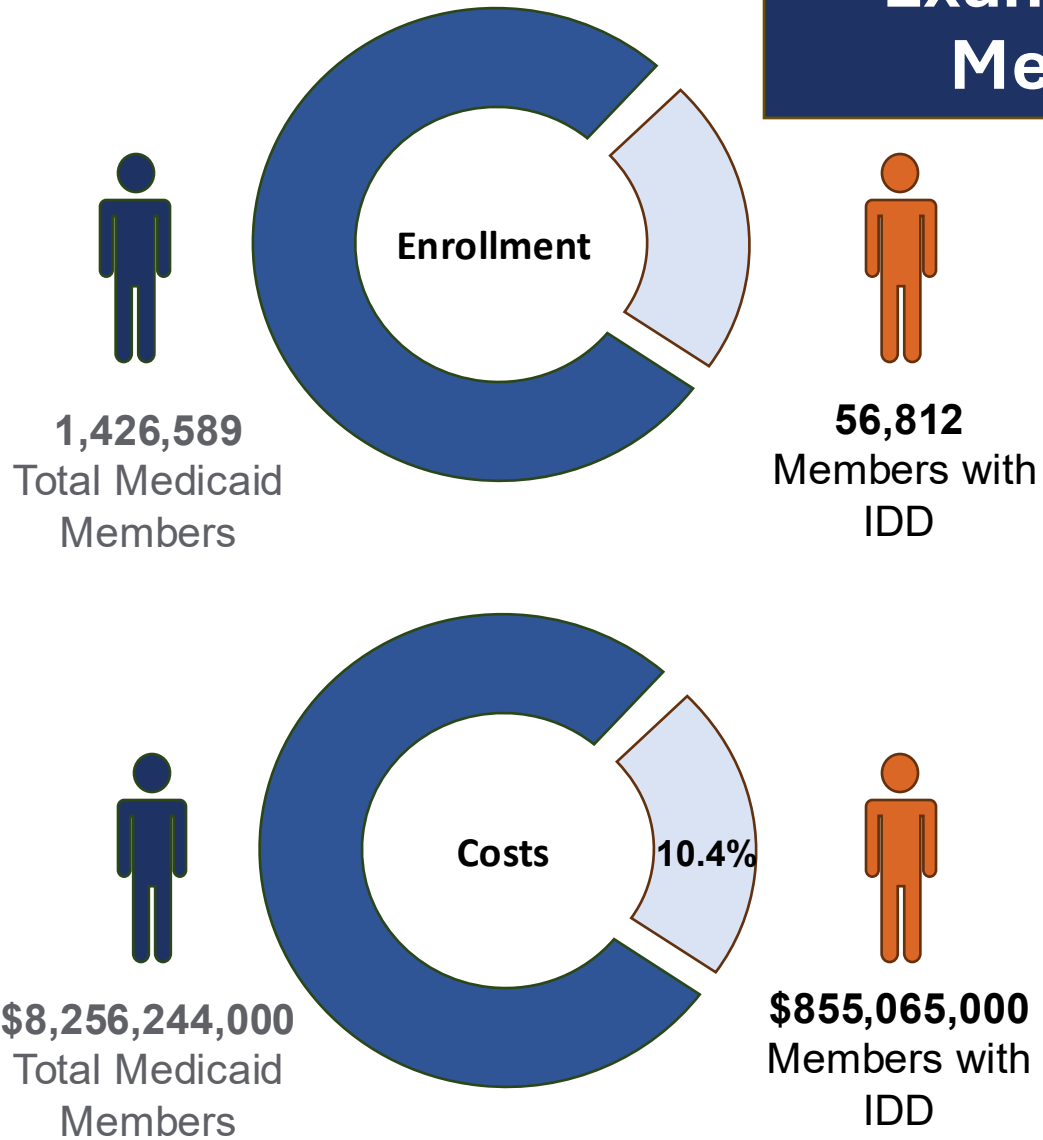
Go to Next Slide when Moderator starts Group/ALL Question #2

Impact of IDD Medicaid Population Not Accessing HCBS

One Plan, One Market Example =

An “aha” Moment for MLTSS with regards to IDD Population

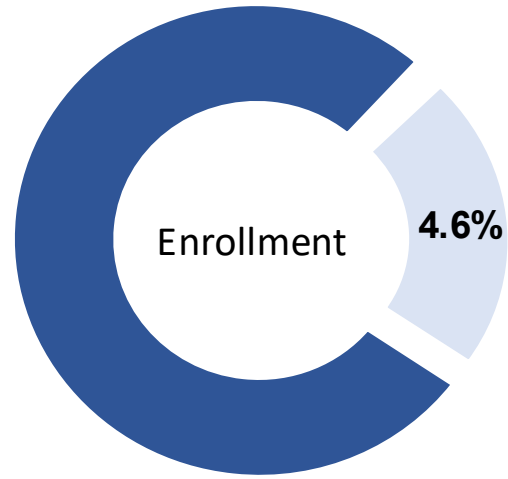
Example of “Hidden” Population with Complex Medical Needs in One State MCO Plan (2022)



PMPM

Data covers all medical and clinical costs (no HCBS provided by health plan).

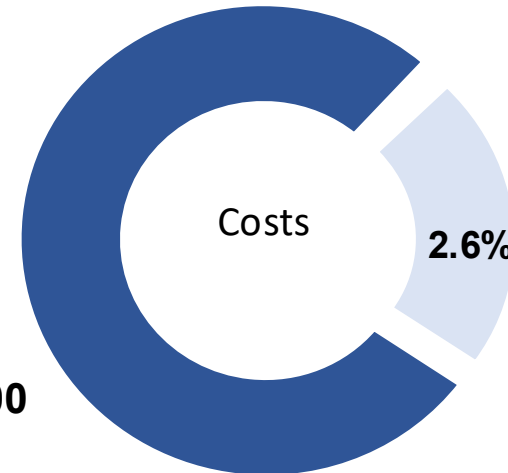
Example of “Hidden” IDD Population in One State MCO Plan (2022)



56,812
Members
with IDD



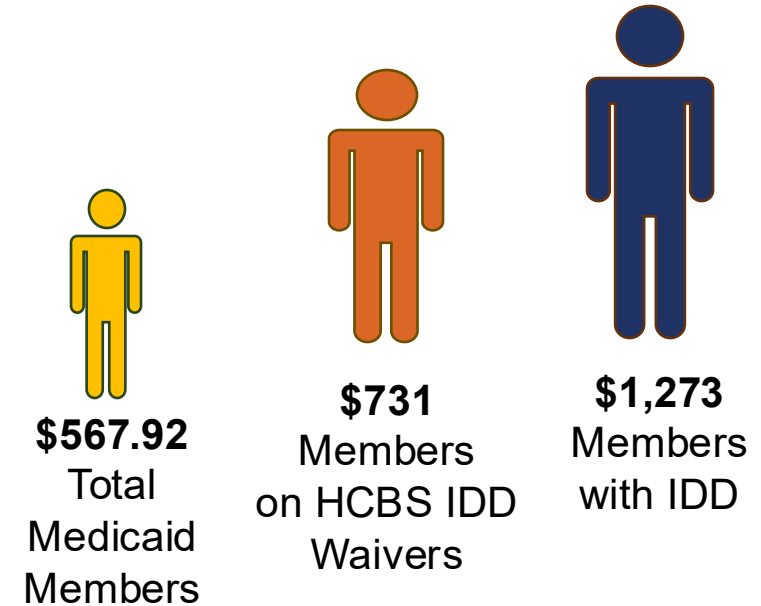
2,619
Members
on IDD Waivers



\$855,065,000
Members
with IDD



\$22,283,000
Members
on IDD Waivers



\$567.92
Total
Medicaid
Members

\$731
Members
on HCBS IDD
Waivers

\$1,273
Members
with IDD

PMPM

*Data covers all medical and clinical costs
(no HCBS provided by health plan).*